

Contact Hours for Camp Nurses!

The New Jersey State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. The Conference is proud to offer seven health related sessions that have been approved for Continuing Nurse Education. Contact Hours by the New Jersey State Nurses Association. Nurses from anywhere in the country (except CA and ID) can earn up to 8.75 contact hours by attending the sessions below. Certificates will be awarded upon the conclusion of the following approved sessions:

Sessions that provide contact hours include:

WEDNESDAY, MARCH 17

1:00 – 2:15 PM

EMERGENCY FIRST RESPONSE: IS YOUR CAMP SAFE AND PREPARED? (1.25 NURSE CONTACT HOURS)

Chris and Marilyn Byron, Nationwide Instruction for Cardiovascular Education, Inc

Knowing how to manage emergencies... An emergency can be a sudden personal crisis, or it could be a regional disaster that affects your entire community. Either can strike suddenly and without warning, so it is important to be prepared in advance. The prime purpose is to provide an atmosphere that promotes health, wellness and safety for every member of your camp community. The critical importance of learning: CPR/AED/Epi-Pens/oxygen administration/MDI/first aid and the recognition of emergencies to maximize emergency first response in order to save lives.

THURSDAY MARCH 18

8:15 – 9:30 AM

EMERGENCY PREPAREDNESS FOR CAMPS

VJ Gibbins, Association of Camp Nurses

Most camps have reasonable in-camp emergency procedures - for dealing with lost campers, severe weather, fire in the dining hall...etc. But is your camp prepared for a major disaster that could affect your campers and staff, your property, your relationship with your camp families? This session will cover the basics of completing a hazard vulnerability assessment, provide a brief overview of how local, state, and federal officials will respond and interact with your camp using the federally mandated Incident Command System, and discuss the essential steps camps should take to ensure they are prepared for any major disaster.

11:00 AM – 12:15 PM

MANAGEMENT OF H1N1 AND OTHER COMMUNICABLE DISEASES AT DAY AND RESIDENT CAMP

Susan Grill, Ivy League Day Camp NJ

Mary Pappas, Surprise Lake Camp

This session will describe the various communicable diseases, their signs and symptoms and their control and management at resident and day camps. The emphasis will be on the H1N1 virus, which has been our main problem this year.

FRIDAY MARCH 19

8:00 – 9:15 AM

MEDICATION HOLIDAYS, SIDE EFFECTS, AND OTHER PSYCHOPHARMACOLOGICAL NIGHTMARES

Chris Thurber, CampSpirit, LLC

Psychiatric medication management presents unique challenges at camp. Participants in this intriguing workshop co-led by mental health and medical professionals will get facts about how common psych meds work, what their side effects are, how to effectively communicate with parents and prescribers, and which policies work for medication administration. A must-attend session for anyone with campers on psychotropic medications, such as stimulants, antidepressants, and mood stabilizers. Case studies and questions from last summer are welcome!

8:00 – 9:15 AM

UNDERSTANDING AND EFFECTIVELY INTEGRATING DIFFICULT CHILDREN

Marc Rauch, Problem Solved Inc.

Children continue to flood camps with an ever increasing level of “emotional baggage” and exposure to a multitude of traumatic events. It is very important to both the smooth functioning of camp groups and the best interests of the individual camper, for camp staff to possess a comprehensive understanding of the causation of difficulties and proven methods to effectively integrate these campers into the camp setting. Specific strategies and techniques will be discussed during this session. Time will also be allotted for group discussion of strategies that have been employed effectively in other camps. Having a comprehensive understanding of “difficult children” and how to effectively integrate them will allow for a more positive summer experience for all the campers you serve and may prove life changing for the individual camper.

9:30 – 10:45 AM

DISABILITIES/DIAGNOSES WITHIN THE CAMP SETTING

Marc Rauch, Problem Solved Inc.

Children are being diagnosed with disorders at one of the highest rates of all time. We are all faced with the challenge of effectively integrating these children into all walks of life, including the camp setting. Having a solid understanding of the diagnoses that children will be bringing to camp is essential in being able to work with such children. Dr. Rauch will present a wealth of information on the many disabilities/diagnoses you may encounter within the camp setting. Participants will gain information on the best practices in dealing with specific disorders. An overview of relevant medications will be presented, as will a discussion regarding medication issues within the camp setting.

9:30 – 10:45 AM

PRACTICAL FOOD ALLERGY MANAGEMENT AT CAMP

Lisa Barisciano, Allergy/Immunology

This session will cover food allergy basics/statistics, food allergy avoidance strategies (label reading/hidden ingredients/cross contact/camp-specific situations) and anaphylaxis emergency preparedness (self-injectable epinephrine and allergy action plan)